

CE: 8 contact hours (9:00 am - 6:00 pm)

Prerequisites: Thai Level 1.

Course Description:

Acupressure is a major component in Thai Yoga Massage. In this one-day advanced workshop, you will learn to locate, palpate, and stimulate the most frequently used acupressure points in the body. We will cover the indications for each point and learn how to easily incorporate them into your sessions. Class begins with yoga/meditation/breath work. Participants will receive a Certificate of Completion. Please bring your Level 1 workbook and either wear or bring loose comfortable clothing.

Instructor:

Eric Spivack, LMP/Dipl.Ac. is a Thai massage instructor who has studied with master teachers in Thailand and holds certificates from several Thai institutions. Eric is both a nationally certified massage therapist and acupuncturist, as well as, a certified Viniyoga instructor. Eric graduated from the Brian Utting School of Massage in 1994 and received a Master of Acupuncture degree from the Northwest Institute of Acupuncture and Oriental Medicine in 2002. Prior to studying massage and acupuncture, Eric earned a master's degree in Environmental Science in 1992.

He has been in practice for over 15 years, has been teaching continuing education workshops for over 13 years, and is an approved provider with NCCAOM, NCBTMB, and THAI. He is considered a fun and attentive instructor with a deep passion for his work.

Location:

The Yoga Den \* 514 - 12th Ave, Suite B \* Seattle \* WA \* 98122

Fees, Registration and Deadlines:

\$250 when registered and paid in full 2 weeks prior to the workshop; \$280 thereafter.

Cancellation, Deposits and Refund Policy:

A \$100 non-refundable deposit is required to reserve your place in the class. If you cancel with less than two weeks notice, your tuition will be forfeited. In the event the workshop is cancelled by the instructor, a 100% refund will be issued.

**Registration Form**

**Acupressure Points & Thai Massage  
June 6. 2010**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone (    ) \_\_\_\_\_ - \_\_\_\_\_

Please enclose your check made payable to 'Eric Spivack' and mail along with completed form to:

Eric Spivack  
2119 17<sup>th</sup> Avenue South  
Seattle, WA 98144

Phone: 206.726.1785  
Email: [Eric@SoaringCraneMassage.com](mailto:Eric@SoaringCraneMassage.com)