

## **Level 5 Thai Yoga Massage Intensive**

**August 16, 2009**

### **Seattle, WA**

CE: 8 contact hours (9:00 am - 6:00 pm)

Prerequisites: Level 4 Intensive followed by giving a 120-minute Thai Yoga Massage to the instructor and logging 10 hours of documented practice. Practitioners then have up to 6 months to give a 150-minute Thai Yoga Massage to the instructor and log 10 more hours of documented practice.

#### Course Description:

In this one-day intensive workshop, participants will learn to skillfully integrate 30 additional advanced poses into their Thai Yoga Massage routine by building upon skills learned in Levels 1 through 4. Level 5 material includes poses in the prone, side-lying, and seated positions. This class offers advanced poses to the practitioner who has already completed the certification program and who wishes to deepen his/her practice.

The course will have demonstration and hands-on components. Participants will receive a Certificate of Completion. Class size is limited to 8 participants, thereby offering the opportunity for more individual attention and instructor feedback. Participants need to bring their Level 1-4 workbook.

#### Instructor:

Eric Spivack, LMP/Dipl.Ac. is a certified Thai massage instructor who has studied with master teachers in Thailand and holds certificates from several Thai institutions. Eric is both a nationally certified massage therapist and acupuncturist. Eric graduated from the Brian Utting School of Massage in 1994 and received a Master of Acupuncture degree from the Northwest Institute of Acupuncture and Oriental Medicine in 2002. He has been in practice for over 11 years and has a thriving integrative healthcare practice in Seattle. Prior to studying massage and acupuncture, Eric earned a master's degree in Environmental Science in 1992. Eric has taught Thai Yoga Massage since 1998 and is a continuing education provider with NCCAOM, NCBTMB, and THAI. He is considered a fun and attentive instructor with a deep passion for his work.

#### Location:

2119 17th Avenue South \* Seattle \* WA \* 98144

#### Fees, Registration and Deadlines:

\$250 when registered and paid in full 2 weeks prior to the workshop; \$300 thereafter.

#### Cancellation, Deposits and Refund Policy:

A \$100 non-refundable deposit is required to reserve your place in the class. If you cancel with less than two weeks notice, your tuition will be forfeited. In the event the workshop is cancelled by the instructor, a 100% refund will be issued.

**Registration Form**

**Level 5 Thai Yoga Massage Intensive  
August 16. 2009**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone (    ) \_\_\_\_\_ - \_\_\_\_\_

Please enclose your check made payable to 'Eric Spivack' and mail along with completed form to:

Eric Spivack  
2119 17<sup>th</sup> Avenue South  
Seattle, WA 98144

Phone: 206.726.1785  
Email: [Eric@SoaringCraneMassage.com](mailto:Eric@SoaringCraneMassage.com)