

## **Level 2 Thai Yoga Massage Intensive**

**March 22, 2009**

### **Seattle, WA**

CE: 8 contact hours (9:00 am - 6:00 pm)

Prerequisites: Thai Yoga Massage Level 1.

#### Course Description:

In this one-day intensive Level 2 workshop, participants will review Level 1 material and learn to skillfully integrate 30 intermediate level poses into a sequence that comprises a 1 ½ - 2 hour session. Level 2 material includes poses in the prone, side-lying, and seated positions. The theory and location of the Sen energy pathways will be taught and discussed.

The course will have lecture, demonstration, and hands-on components. Participants will receive a Certificate of Completion. Class size is limited to 8 participants, thereby offering the opportunity for more individual attention and instructor feedback. Participants need to bring their Level 1 workbook.

#### Instructor:

Eric Spivack, LMP/Dipl.Ac. is a certified Thai massage instructor who has studied with master teachers in Thailand and holds certificates from several Thai institutions. Eric is both a nationally certified massage therapist and acupuncturist. Eric graduated from the Brian Utting School of Massage in 1994 and received a Master of Acupuncture degree from the Northwest Institute of Acupuncture and Oriental Medicine in 2002. He has been in practice for over 11 years and has a thriving integrative healthcare practice in Seattle. Prior to studying massage and acupuncture, Eric earned a master's degree in Environmental Science in 1992. Eric has taught Thai Yoga Massage since 1998 and is a continuing education provider with NCCAOM, NCBTMB, and THAI. He is considered a fun and attentive instructor with a deep passion for his work.

#### Location:

2119 17th Avenue South \* Seattle \* WA \* 98144

#### Fees, Registration and Deadlines:

\$250 when registered and paid in full 2 weeks prior to the workshop; \$300 thereafter.

#### Cancellation, Deposits and Refund Policy:

A \$100 non-refundable deposit is required to reserve your place in the class. If you cancel with less than two weeks notice, your tuition will be forfeited. In the event the workshop is cancelled by the instructor, a 100% refund will be issued.

**Registration Form**

**Level 2 Thai Yoga Massage Intensive  
March 22. 2009**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone (    ) \_\_\_\_\_ - \_\_\_\_\_

Please enclose your check made payable to 'Eric Spivack' and mail along with completed form to:

Eric Spivack  
2119 17<sup>th</sup> Avenue South  
Seattle, WA 98144

Phone: 206.726.1785  
Email: [Eric@SoaringCraneMassage.com](mailto:Eric@SoaringCraneMassage.com)